



## SINGLES FREE PROGRAMME (Ladies 3.0 mins/Men 3.5 mins +/- 10 secs) LEVEL EIGHT

Rink Test Taken	Test No.	Date of Test
Name of Candidate		NISA Membership No.
Judge	Judge's NISA No.	Judge's Signature

**GOEs -3 -2 -1 0 +1 +2 +3**

**Components**

P=Poor/W=Weak/A=Acceptable/G=Good/E=Excellent

Required Elements (9)	GOE	Re-Skate

<b>SKATING SKILLS</b>	
<b>TRANSITIONS</b>	
<b>PERFORMANCE</b>	
<b>CHOREOGRAPHY</b>	
<b>INTERPRETATION</b>	
<b>PASS/RETRY</b> (Please circle outcome)	

*For required elements please refer to the manual*



### NATIONAL ICE SKATING ASSOCIATION OF UK – SINGLES FREE LEVEL EIGHT

<b>Comments:</b>										<b>Component Levels</b> <small>P=Poor/W=Weak/A=Acceptable/G=Good/E=Excellent</small>		
Candidate					Judge			Date		C1/Skating Skills	C2/Transitions	
GOE1	GOE2	GOE3	GOE4	GOE5	GOE6	GOE7	GOE8	GOE9	C3/Performance	C4/Choreography	C5/Interpretation	
<b>TEST OUTCOME: PASS / RETRY</b>												
<i>Officiating Judge -Please circle outcome</i>												
<b>PASS LEVEL REQUIREMENTS</b>		GOE's 1 No minus 3 grades (After Reskates) 2 The total of any minus grades should not exceed -3 (After reskates)						COMPONENTS 1 At least an A or better for Skating Skills 2 A minimum of 2 grades at A, G or E 3 No P grades				