



SINGLES FREE PROGRAMME (1 min 30 secs +/- 5 secs) LEVEL ONE

Rink Test Taken	Test No.	Date of Test
Name of Candidate		NISA Membership No.
Judge	Judge's NISA No.	Judge's Signature

GOEs -3 -2 -1 0 +1 +2 +3

Components

P=Poor/W=Weak/A=Acceptable/G=Good/E=Excellent

Required Elements (5)	GOE	Re-Skate

SKATING SKILLS	
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TRANSITIONS	
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PERFORMANCE	
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CHOREOGRAPHY	
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INTERPRETATION	
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PASS/RETRY (Please circle outcome)	
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For required elements please refer to the manual



NATIONAL ICE SKATING ASSOCIATION OF UK – SINGLES FREE LEVEL ONE

Comments:		Component Levels <small>P=Poor/W=Weak/A=Acceptable/G=Good/E=Excellent</small>					
Candidate		Judge		Date		C1/Skating Skills	C2/Transitions
GOE1	GOE2	GOE3	GOE4	GOE5	C3/Performance	C4/Choreography	C5/Interpretation
TEST OUTCOME: PASS / RETRY						<i>Officiating Judge -Please circle outcome</i>	
PASS LEVEL REQUIREMENTS		GOE's 1 No minus 3 grades (After Reskates) 2 The total of any minus grades should not exceed -3 (After reskates)			COMPONENTS 1 At least an A or better for Skating Skills 2 A minimum of 2 grades at A, G or E 3 No P grades		