



SINGLES ELEMENTS LEVEL NINE

Rink Test Taken	Test No.	Date of Test
Name of Candidate		NISA Membership No.
Judge	Judge's NISA No.	Judge's Signature

GOEs -3 -2 -1 0 +1 +2 +3

Components

P=Poor/W=Weak/A=Acceptable/G=Good/E=Excellent

	ELEMENT	GOE	RS
1	Double flip jump		
2	Jump combination – 2 doubles (must not include double loop)		
3	Jump combination – 2 double jumps must include double loop as 2 nd jump		
4	Flying sit spin (min 5 revs)		
5	Spin combination – 1 change foot and 2 changes position (min 6 revs each foot)		
6	Layback or sideways spin (min 8 revs) or 2 foot cross foot spin (min 6 revs)		
7	Spiral Sequence or moves in the field fully utilising the ice surface per ISU singles free skating Prog.		

SKATING SKILLS

Overall skating quality; depth and quality of edges; flow & glide; Speed and power; cleanness and sureness of steps and multidirectional ability.

PRESENTATION OF ELEMENTS

Demonstrate variation of speed with overall control and special attention to posture and style, with an ability to finish the elements confidently.

PASS / RETRY

(Please circle outcome)

Element descriptions above are a prompt, for full information refer to Manual



NATIONAL ICE SKATING ASSOCIATION OF UK – SINGLES ELEMENTS LEVEL NINE

Comments: :							Component Levels P=Poor/W=Weak/A=Acceptable/G=Good/E=Excellent	
Candidate			Judge				Date	
GOE1	GOE2	GOE3	GOE4	GOE5	GOE6	GOE7	C1(Skating Skills)	C2(Presentation)
							TEST OUTCOME: PASS / RETRY <i>Officiating Judge -Please circle outcome</i>	
PASS LEVEL REQUIREMENTS		GOE's 1 No minus 3 grades (After Reskates) 2 The TOTAL of the GOEs should not be less than BASE				COMPONENTS 1 At least an A or better for Skating Skills 2 A minimum of 2 grades at A, G or E 3 No P grades		