



SINGLES FREE SKATING LEVEL TEN

RINK	JUDGE	TEST No.
CANDIDATE		NISA No.
		DATE
Program Length Ladies: 3 min 30 +/- 10 sec Men : 4 min +/- 10 sec		GOEs -1, -2, 3, 0, +1, +2, +3
		Components <u>P=Poor/W=Weak/A=Acceptable/G=Good/E=Excellent</u>
	ELEMENTS	GOE
		RS
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		
11		
Judges Signature		

For Required Elements please refer to the Test Manual

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Candidate	Judge	Date
Test Outcome: Paas / Retry		
PASS LEVEL REQUIREMENTS	GOE's 1 No minus 3 grades 2 The total of any minus grades should not exceed -3 (After reskates)	COMPONENTS 1 At least an A or better for Skating Skills 2 A minimum of 3 grades at A, G or E 3 No P grades