

SINGLES ELEMENTS LEVEL NINE

		JUDGE			TEST No.	
CANDIDATE			NIS	A No.	DATE	
	GOEs -1, -2, 3, 0, +1, +2,	+3			Components P=Poor/W=Weak/A=Acceptable/G=Good/E=Excellent	
	ELEMENTS		GOE	RS	SKATING SKILLS Overall skating quality; depth and quality of edges; flow & glide; Speed	
1	A double Axel				and power; cleanness and sureness of steps and multidirectional ability.	
2	A double jump immediately preceded connecting steps and / or other compar skating movements.					
3	A jump combination consisting of two jumps (must not include a double loop				PRESENTATION OF ELEMENTS Demonstrate variation of speed with overall control and special attention to	
4	A jump combination consisting of two jumps (must include a double loop as t jump)				posture and style, with an ability to finish the elements confidently	
5	A flying sit spin of minimum 6 rev.					
6	A spin combination of minimum 10 re	v. in total				
7	A Choreographic Sequence utilising the surface as per ISU single free skating programme requitements.	ne full ice			PASS / RETRY	
8	A Step Sequence fully utilising the Ice that meets the requirements of ISU Le Must incluide at least 7 Turns and 4 sto of the types can be counted more than	vel 2. eps,noen			Judges Signature	
Element descriptions above are a prompt, for full information refer to Manual						
Candidate Judge		Judge			Date	
Comments						
Test Outcome: Paas / Retry						
PASS LEVEL REQUIREMENTS GOE'S 1 No minus 3 grades 2 The total of any minus grades should not exceed -3 (After reskates) COMPONENTS 1 At least an A or better for Skating Skills 2 A minimum of 3 grades at A, G or E 3 No P grades						