

PAIRS ELEMENTS LEVEL TWO

RINK	JUDGE	TEST No.
CANDIDATE	NISA No.	DATE
<u>GOEs -1, -2, 3, 0, +1, +2, +3</u>		Components <u>P=Poor/W=Weak/A=Acceptable/G=Good/E=Excellent</u>
	ELEMENTS	GOE
		RS
1	Backward Outside and Inside continuous edges (Side by side) as per Level 2 FM exercise 1	
2	Forward Crossovers in a figure of 8 Side by Side) with Artistic arm movement	
3	Backward Spiral side by side (min. 10metres)	
4	Pairs Upright spin in Kilian hold (Min. 3 revs) Unison on entry & exit	
5	Solo Loop or Flip Jump	
6	Solo Sit Spin	
<div style="border: 1px solid black; padding: 5px; margin: 5px;"> <p>SKATING SKILLS Overall skating quality; depth and quality of edges; flow & glide; Speed and power; cleanness and sureness of steps and multidirectional ability.</p> </div> <div style="border: 1px solid black; padding: 5px; margin: 5px;"> <p>PRESENTATION OF ELEMENTS Demonstrate variation of speed with overall control and special attention to posture and style, with an ability to finish the elements confidently</p> </div> <div style="border: 1px solid black; padding: 5px; margin: 5px;"> <p style="text-align: center;">PASS / RETRY</p> <p style="text-align: right; margin-top: 20px;">Judges Signature</p> </div>		

Element descriptions above are a prompt, for full information refer to Manual



Candidate	Judge	Date
Test Outcome: Paas / Retry		
PASS LEVEL REQUIREMENTS	GOE's 1 No minus 3 grades 2 The total of any minus grades should not exceed -3 (After reskates)	COMPONENTS 1 At least an A or better for Skating Skills 2 A minimum of 3 grades at A, G or E 3 No P grades