



PAIRS ELEMENTS LEVEL SIX

RINK	JUDGE	TEST No.
CANDIDATE		NISA No.
		DATE
<u>GOEs -1, -2, 3, 0, +1, +2, +3</u>		Components <u>P=Poor/W=Weak/A=Acceptable/G=Good/E=Excellent</u>
	ELEMENTS	GOE
		RS
1	Lifts Group 1-4 (Min 1 and Max 3 ½ revs of man) with full extension of lifting arm	
2	Single Twist Lift	
3	Throw Single or Double Jump	
4	Solo Double Toe-loop	
5	Solo Jump combination or sequence (Single and Double jumps only)	
6	Pairs Spin (Min 3 revs) Optional change of position- no change of foot	
7	Solo Spin combination (Min 6 revs in total) No change of foot	
8	Pivot Figure or Death Spiral (1 hand to 1 hand hold required- In death spiral or pivot figure position, both partners must execute min ½ rev with man in pivot position)	
<div style="border: 1px solid black; padding: 5px; margin: 5px;"> <p>SKATING SKILLS Overall skating quality; depth and quality of edges; flow & glide; Speed and power; cleanness and sureness of steps and multidirectional ability.</p> </div> <div style="border: 1px solid black; padding: 5px; margin: 5px;"> <p>PRESENTATION OF ELEMENTS Demonstrate variation of speed with overall control and special attention to posture and style, with an ability to finish the elements confidently</p> </div> <div style="border: 1px solid black; padding: 5px; margin: 5px; text-align: center;"> <p>PASS / RETRY</p> </div>		
Judges Signature		

Element descriptions above are a prompt, for full information refer to Manual

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Candidate	Judge	Date
<p>Test Outcome: Paas / Retry</p>		
PASS LEVEL REQUIREMENTS	<p>GOE's</p> <p>1 No minus 3 grades</p> <p>2 The total of any minus grades should not exceed -3 (After reskates)</p>	<p>COMPONENTS</p> <p>1 At least an A or better for Skating Skills</p> <p>2 A minimum of 3 grades at A, G or E</p> <p>3 No P grades</p>