



## LEVEL 4 PERFORMANCE COACH CRITERIA

### Prerequisite

- Registration and Fee (£200 prices valid from January 2015 – January 2016)
- 3 years from application in which to complete the Level.
- 4 years experience at Level 3 Coach Level Status
- Actively coaching for a minimum of 8 years
- On-going maintenance of Coaching License

### Module 1

- Sports Coach UK Work Units

### Module 2

- Sport Specific Training: On & Off Ice Workshops

### Module 3

- Practical Delivery: Deliver regional seminars to include practical and theoretical session at Level 2 or above

### Module 4

Sports Specific achievements required:

*Skaters must have been coached for a minimum period of 12 months prior to attending the event.*

*Synchronized Skating: There should be no reference to team members changing or the same team having to be the ones competing. This would all be subject to final ratification by the NISA Synchro Sub group.*

- SINGLES: 3 different British Junior and 3 different Senior Championship competitors and 3 Senior ISU International competitor.
- PAIRS: 3 different British Junior and 2 different British Senior championship pairs. 3 ISU International pairs.
- DANCE: 3 Different British Junior and 2 different British Senior championship Couples and 3 ISU International couples.
- SYNCHRO: This requires having teams in the JWCC / ISU Junior or Senior World Championships on two separate occasions and achieving a position of 12<sup>th</sup> or better.
- SHORT TRACK: To be advised

*\*All sports specific requirements need to be met in order to be approved the level\**