



In Brief - Coaching Levels Explained

Trainee Assistant Coach:

This recognises that the first step has been taken to becoming a NISA coach. At this stage the candidate holds no formal coaching qualifications but should be working alongside their mentor to develop the skills necessary to becoming a level 1 Assistant coach.*

Level 1 Assistant Coach:

The coach will be trained to **assist** fully qualified NISA coaches (levels 2 and above), delivering aspects of the coaching sessions, under direct supervision of a level 2 + NISA qualified coach. A coach of this Level may not receive payment for their teaching and cannot teach independently as they are not covered to do so. *

Level 2 Skate UK Coach:

The coach is now qualified to teach only independently NISA registered Skate UK Group classes. Any other form of independent teaching is forbidden. * A coach of this level may receive payment for this.

Level 2 Qualified Coach

(also applicable to Level 2 Development & Performance): The coach is now qualified to prepare for, deliver and review coaching sessions without supervision and for NISA private lessons as well as the NISA registered Skate UK classes. At this point the coach is fully qualified and can receive payment for their coaching services.

Level 3 Performance Coach:

At this level the coach will have had at least three years of coaching experience at level 2 and a number of high level test passes up to British Championship level

Level 4 Performance Coach:

A level 4 coach will have at least 8 years of coaching experience with at least 4 years at Level 3. They will have coached to a high standard of skating with competitors entering regional and international competitions.

Level 5 Performance Coach:

This is the highest possible coaching level to be achieved. This level is awarded with a sports science background and those having shown a sense of leadership within the sport at the highest level. They will have coached a wide range of skating standards and at least 3 international competitors.

*Any trainee/qualified coach seen to be in breach of the level may run the risk of having their license removed.

NISA Insurance provides cover for NISA approved activities only