



## FIELD MOVES LEVEL TEN

Rink Test Taken	Test No.	Date of Test
Name of Candidate		NISA Membership No.
Judge	Judge's NISA No.	Judge's Signature

**GOEs -3 -2 -1 0 +1 +2 +3**

No	Field Moves	GOE	RS
1.	Perimeter Skating – Bwd Rockers		
2.	Perimeter Bwd Loops and Quick Bracket 3-Turn		
3.	Ina Bauer Exercise		
4.	Quick Hip Twists		
5.	Double Twizzles		
6.	Swing Rockers		

### Components

**P=Poor/W=Weak/A=Acceptable/G=Good/E=Excellent**

#### SKATING SKILLS

Overall skating quality; depth and quality of edges; flow & glide; Speed and power, cleanness and sureness of steps and multidirectional ability.

#### CARRIAGE AND STYLE

Attention to posture, appropriate free leg positions and presentation of the moves.

#### ICE COVERAGE

Overall understanding of ice pattern required and appropriate ice coverage

#### PASS / RETRY

(Please circle outcome)

FM descriptions above are a prompt, for full information refer to Manual



## NATIONAL ICE SKATING ASSOCIATION OF UK – FIELD MOVES LEVEL TEN

Candidate			Judge		Date	
GOE1	GOE2	GOE3	GOE4	C1 (skating skills)	C2(carriage & style)	C3(ice coverage/Pattern)

Comments: :

**Component Levels** P=Poor/W=Weak/A=Acceptable/G=Good/E=Excellent

**TEST OUTCOME: PASS / RETRY**

Officiating Judge -Please **circle outcome**

PASS LEVEL REQUIREMENTS	GOE's		COMPONENTS
	1	No minus 3 grades (After Reskates)	1 At least an A or better for Skating Skills
	2	The TOTAL of the GOEs should not be less than BASE	2 A minimum of 2 grades at A, G or E
			3 No P grades